

THE MENARD

SPORTS & EVENTS CENTER

Welcome
Senior Walk Time Participants!



Track Rules: Please:

- All new participants must register by showing ID
- Sign in at front office prior to using track
- Free walk time is Mon-Fri 7:30am-8:30am; free walk must conclude at 8:30am
- Bring an extra pair of clean shoes
- Follow track directions for walking
- Observe track closure dates
- Have fun!

Senior track 20 visit punch cards are available for regular track hours of 7:30 a.m.- 8 p.m. Monday- Sunday for only \$35

We appreciate our Senior Walk Program Sponsors and let them know you appreciate them too!

The Sena Family

