



	Presented
Date Action Taken:	2/22/10
Other:	
Verified by:	<i>[Signature]</i>

WASILLA CITY COUNCIL INFORMATIONAL MEMORANDUM

IM No. 10-06

**TITLE: MONTHLY FUNDING PROGRESS REPORT FOR JANUARY 2010,
SUBMITTED BY THE WASILLA AREA SENIORS, INC.**

Agenda of: February 22, 2010

Date: February 8, 2010

Originator: Deputy City Clerk

Route to:	Department	Signature/Date
X	Finance Director	<i>[Signature]</i> 2/9/2010
X	Deputy Administrator	<i>[Signature]</i>
X	City Clerk	<i>[Signature]</i>

REVIEWED BY MAYOR VERNE E. RUPRIGHT:

[Signature]

FISCAL IMPACT: yes \$ or no

Funds Available yes no

Account name/number:

Attachments: Funding Progress Report (3 pp)

SUMMARY STATEMENT:

During the FY10 budget meetings the City Council approved funding for the Wasilla Area Seniors, Inc., with the condition that they provide monthly reporting.

The attached report is being submitted to the Council for their review.



City of Wasilla Funding Progress Report

The information provided will be used by the City to monitor cash flow to ensure proper use of taxpayer funds. No further monies or benefits may be paid out unless this report is completed and filed as required.

1. NAME AND ADDRESS Wasilla Area Seniors, Inc. 1301 Century Circle Wasilla, AK 99654	2. CONTRACT NUMBER City Council Grant #411	3. REPORT NO. <p style="text-align: center;">7</p>																																																				
4. REPORTING PERIOD (Dates) January 1 - January 31, 2010																																																						
5. SHORT TITLE OF PROJECT: Nutrition Program Services	6. YTD FUNDING AMOUNT \$21,000.00 July, Aug, Sept, Oct, Nov, Dec, Jan	7. TYPE OF REPORT <input checked="" type="checkbox"/> Regular <input type="checkbox"/> Final Report																																																				
Sondra Kaplan Executive Director	9. DIRECTOR SIGNATURE 	10. DATE OF REPORT <p style="text-align: center;">4-Feb-10</p>																																																				
11. COMMENCE NARRATIVE REPORT HERE (Continue on plain paper.) As requested please find attached the Profit & Loss statement for January that itemizes expenditures related to the Nutrition Program and that are partially funded by the City of Wasilla appropriation. In January WASI's nutrition program served 836 congregate, 4228 home delivered and 744 Assisted Living meals. WASI is requesting an appropriation disbursement of \$3000.00 for January expenditures.																																																						
12. COMMENCE EXPENDITURE REPORT HERE (Continue on plain paper.) <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 5px;"> <thead> <tr> <th style="width: 35%;">Vendor Name</th> <th style="width: 35%;">Purpose</th> <th style="width: 15%;">Date Paid</th> <th style="width: 15%;">Check Amount</th> </tr> </thead> <tbody> <tr> <td colspan="4">See Quick Books Report attached</td> </tr> <tr> <td colspan="4">Total Food Program expenses through Jan 27, 2010 are \$18,694.12</td> </tr> <tr> <td colspan="4">Food and Program supply expense for Jan. is \$8,982.34 of which the City appropriation of \$3000.00 was applied.</td> </tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr> <td colspan="2"></td> <td style="text-align: center;">1/27/2010</td> <td> </td> </tr> </tbody> </table>			Vendor Name	Purpose	Date Paid	Check Amount	See Quick Books Report attached				Total Food Program expenses through Jan 27, 2010 are \$18,694.12				Food and Program supply expense for Jan. is \$8,982.34 of which the City appropriation of \$3000.00 was applied.																																						1/27/2010	
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13. CERTIFICATION BY REPRESENTATIVE (Official Signature) 		14. DATE 																																																				

12:32 PM

01/27/10

Accrual Basis

Wasilla Area Seniors, Inc.

Class QuickReport

January 1 - 27, 2010

Type	Date	Num	Name	Memo	Amount
100 Programs					
105 Food Program					
150 ARRA					
Check	1/13/2010	14879	Food Bank of Alaska	December 2009 charges ARRA	-469.98
Check	1/13/2010	14880	Odom Corporation	inv 5370800 soda machine ARRA	-149.00
Check	1/13/2010	14881	West Coast Paper	kitchen supplies ARRA	-399.81
Check	1/13/2010	14885	Food Services of America	1843273 ARRA	-75.21
Check	1/13/2010	14885	Food Services of America	1843274 ARRA	-935.57
Check	1/13/2010	14885	Food Services of America	1856407 ARRA	-2,064.55
Check	1/13/2010	14885	Food Services of America	1856408 ARRA	-173.68
Check	1/13/2010	14885	Food Services of America	1856409 ARRA	-173.68
Check	1/13/2010	14885	Food Services of America	1865011 ARRA	-776.34
Check	1/13/2010	14885	Food Services of America	1843275 ARRA	-183.24
Check	1/13/2010	14885	Food Services of America	1856410 ARRA	-194.00
Check	1/13/2010	14885	Food Services of America	1865012 ARRA	-143.99
Check	1/13/2010	14885	Food Services of America	1843272 ARRA	-1,152.71
Check	1/27/2010	14922	West Coast Paper	6398295 ARRA	-184.01
Check	1/27/2010	14922	West Coast Paper	6401788 ARRA	-9.30
Check	1/27/2010	14924	Food Services of America	1887180 ARRA	-2,052.97
Check	1/27/2010	14924	Food Services of America	1887181 ARRA	-131.88
Check	1/27/2010	14924	Food Services of America	credit balance ARRA	287.58
Total 150 ARRA					-8,982.34
Total 105 Food Program					-8,982.34
Total 100 Programs					-8,982.34
TOTAL					-8,982.34

Food Bites

A Monthly Program Report to the City of Wasilla

Volume 1, Issue 7

Jan. 2010



People enjoy healthy dining at the Wasilla Senior Center.

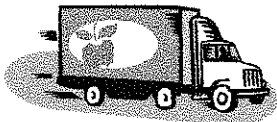
Coming Soon Health & Wellness Center

Or' devours Little bites of data

In December...



◆ 836 meals were served in the WASI dining room.



◆ 4228 meals were delivered to home-bound seniors. Again, another **2% increase** over Dec. 09'.

◆ 744 meals were served to Assisted Living residents.



For two decades, WASI has been providing nutritious, healthy meals to Mat-Su seniors. The Nutrition Program does much more than provide a meal for seniors; it has touched their lives by linking them to community services and social activities that allow them to remain independent. By this summer, we will have the opportunity to connect WASI's nutritional program to exercise and other health promotion activities in a formal fashion by integrating it into the Health and Wellness Center.

There is a clear body of scientific evidence that adequate nutrition is essential for healthy aging and the prevention or delay of chronic disease and disease-related disabilities. Congregate nutrition services improve participants' health and prevent more costly interventions. Home-delivered nutrition services enable older adults to avoid or delay costly institutionalization and allow them to stay in their homes and communities. The need for adequate food and nutrition services by at-risk older adults in our community and across the Nation currently exceeds the resources of the existing programs. These programs are the foundation services of home and community-based care for older adults and their families.

WASI will continue to provide healthful foods and nutritional services but hopes to enhance the health of those we serve by incorporating the educational components of the nutrition program into the Health and Wellness Center activities. For example, participants will have a venue (the Health & Wellness Center) to work with our current dietitian to improve health outcomes through efforts focused on nutrition screening, assessment, and primary and secondary prevention.

Further Objectives:

- Improve accessibility of nutrition information, nutrition education, nutrition counseling and related services
- Focus on preventing chronic disease associated with diet and weight
- Strengthen the link between nutrition and physical activity in health promotion
- Where possible, maintain a nutrition-monitoring program to provide accurate, reliable, timely, and comparable data to assess status and progress and to be responsive to unmet data needs and emerging issues for our participants
- Share program data to strengthen State and community data systems
- Support, and help sustain public and private sector partners at the national, State, and local levels that support broad-based initiatives and commitment to fighting hunger among seniors

We're on the Web
www.alaskaseniors.com